

Mae'r daith hon yn mynd â ni ar hyd ben rallt gyda golygfeydd gwych o fywyd môr a'r glannau, drwy diroedd amaethyddol pen draw'r penrhyn ac ar hyd ambell ffordd wledig. Cawn flas o fywyd porthladdoedd bach y glannau hyn a chyfle i weld eglwys hynafol arbennig ar Lwybr y Pererinion ac sy'n rhan o Ardal o Harddwch Naturiol Eithriadol Llŷn.

Manylion y daith

Amcan o hyd: 5 km/3.2 milltir.

Amcan o'r amser: 2.5 awr.

Map AO: graddfa 1:25 000 Explorer 253.

Man cychwyn/gorffen: Troi o'r ffordd B4417 ger Tudweiliog am Borth Ysgaden, SH219 374.

Mynediad a chyfleusterau

Parcio: ger Porth Ysgaden, lle i 10-15 car, LL53 8NB.

Bws: Gweler gwasanaeth Bws Arfordir Llŷn: 01758 721 777; oddrwsiddrws@yahoo.co.uk

Toiledau: Pen Morfa Nefyn y pentref; SH238 368.

Lluniaeth: Gwesty'r Lion ('Ring') Tudweiliog.

Nodwch

- Braslun yw'r map hwn. Argymhellir defnyddio'r **map AO** uchod.
- Cofier gadw at y Còd Cefn Gwlad: **Parchwch, Diogelwch, Mwynhewch** naturalresources.wales/media/3598/cod-cefn-gwlad.pdf

8 Tudweiliog

Cylchdaith



Mannau o ddiddordeb

Un o borthau traddodiadol gogledd Llŷn yw **Porth Ysgaden** ① ac mae'n dal i gael ei ddefnyddio gan gychwyr lleol. Gair arall am 'bennog' yw 'ysgaden' ('sgadan' yn y dafodiaith leol) ac roedd pysgotwyr ymysg y rhai a ddefnyddiai'r porthladd bach prysur a chysgodol hwn. Mae hen ierdydd glo (iard y cychod heddiw) i'w gweld yma ac mae'r llwybr yn mynd heibio'r hen odyng galch a ddefnyddid i losgi cerrig calch yn wrtaith i'r tir. Bwthyn hen saer cychod yw'r adfail ar drwyn y borth – arferai'r wraig hongian kannwyll yn y ffenest ar noson stormus i rybuddio llongau o beryglon y creigiau.

Mae olion melin o'r hen ddyddiau ym **Mhorth Ysglaig** ② ac yma hefyd mae Ffynnon Cwyfan, nawddsant plwyf Tudweiliog. Roedd coel fod hon yn gwella anhwylderau ar y croen – defaid ac ati – ac arferid offrymu pinnau ynddi.

Rhos y Llan yw'r hen enw ar ardal **Porth Tywyn** ③. Credir bod yr hen bentref a'r eglwys wreiddiol wedi'i lleoli gyferbyn â'r ffermdy lle mae siop nwyddau a chrefftau Cwt Tatws heddiw (www.cwt-tatws.co.uk). Mae Porth Tywyn yn dywodlyd braf ac mae lle parcio wrth y fferm i'r rhai sy'n dymuno treulio amser ar lan y môr yma.

Un o ddilynwyr Beuno oedd Cwyfan, nawddsant **Eglwys Tudweiliog** ④. Roedd yn byw yn y seithfed ganrif ond mae enw'r pentref yn awgrymu mai Tudwal oedd y sant gwreiddiol yma. Eglwys bwysig ar Lwybr y Pererinion. Mae'r ffenestri lliw ynddi yn coffâu teulu'r Wynne-Finch sy'n dal i fyw ym mhlas Cefn Amwlch i'r de o'r pentref.

Saif olion y gladdfa Neolithig **Cromlech Coeten Arthur** ⑤, **Cefn Amwlch** (SH229 345) wrth Coed Gromlech ar ffordd (sydd heb ei rhifo, ond yn cael ei harwyddo) Sarn Mellteyrn (troi i'r chwith, rhyw filltir o Dudweiliog i gyfeiriad Aberdaron). Mae'n un o amryw o gerrig hynafol yng Nghymru sy'n cael eu cysylltu â champau cryfder y Brenin Arthur.



Cyfarwyddiadau'r gylchdaith

Ar ôl parcio ger Porth Ysgaden, cewch afael ar Lwybr yr Arfordir sy'n mynd tua'r dwyrain. Mae'r daith yn dilyn llwybr yr arfordir gwyllt a garw uwch porthau pwysig yn yr hen ddyddiau: Porth Ysgaden, Porth Lydan, Porth Ysglaig a Phorth Tywyn. Croeswch y ffordd wrth ymyl y maes carafanau, i'r chwith am ychydig a chanfod llwybr heibio talcen dwyreiniol y fferm. Ewch ymlaen am Dudweiliog drwy gaeau amaethyddol. Trowch i'r dde pan gyrhaeddwch y B4417 yn y pentref gan ddilyn llwybr i'r dde eto o gefn Tudweiliog drwy'r caeau i ffordd y glannau wrth fferm Porth Ysgaden. I'r chwith, yna i'r dde yn y gyffordd a dilyn y ffordd drol yn ôl i harbwr Porth Ysgaden.

①



②



④



③



This walk takes us along a clifftop with magnificent views of sea and shore life, through farmland at the far end of the peninsula and along a few country lanes. Experience a taste of life in the small ports on this part of the coastline and take the opportunity to view a significant ancient church on the Pilgrims' Trail, all located in the Llŷn Area of Outstanding Natural Beauty.

Walk details

Approx. distance: 5 km/3.2 miles.

Approx. time 2.5hrs.

OS Map: 1:25 000 scale Explorer Map 253.

Star/finish: Turn off the B4417 near Tudweiliog towards Porth Ysgaden, SH219 374.

Access and amenities

Parking: Porth Ysgaden, 10-15 spaces, LL53 8NB.

Bus: Llŷn Coastal Bus service: : 01758 721 777; oddrwsiddrws@yahoo.co.uk

Toilets: Morfa Nefyn end of the village; SH238 368.

Refreshments: Lion Hotel, Tudweiliog (locally called the 'Ring').

Please note

- This map is a rough guide only. We recommend you use the above **OS map**.
- Remember to adhere to the Countryside Code: **Respect, Protect, Enjoy**
naturalresources.wales/media/1369/the-countryside-code.pdf

8 Tudweiliog Circular walk



Points of interest

Porth Ysgaden ① is one of the traditional ports of northern Llŷn, and is still used today by local producers. 'Ysgaden' (pronounced locally as 'sgædæn') is another name for 'pennog' (*herring*) and fishermen were among those who used this busy little sheltered port. Old coal yards (boat yards today) can be seen here and the path goes past the old lime kiln used to burn limestone to be used as fertilizer for the land. The ruin on the port's promontory is the old shipwright's cottage - the wife used to hang a candle in the window on a stormy night to warn ships of the dangers of the rocks.

Remains of a mill from the olden days can be seen at **Porth Ysglaig ②** and Cwyfan's Well, the patron saint of Tudweiliog, is also located here. It was believed that this well could cure skin conditions – warts and so on – and pins used to be thrown in as offerings.

The area surrounding **Porth Tywyn ③** is called Rhos y Llan. It is believed that the old village and original church were located opposite the farmhouse where Cwt Tatws, a shop selling goods and crafts (www.cwt-tatws.co.uk), stands today. Porth Tywyn is a lovely sandy beach and there is a car park near the farm for anyone wishing to spend time there.

Cwyfan, the patron saint of **Tudweiliog Church ④**, was one of Beuno's followers. He lived in the 7th century but the name of the village suggests that Tudwal was the original saint. This is an important church on the Pilgrim's Trail. Its stained glass windows commemorate the Wynne-Finch family who still live at Plas Cefn Amlwch to the south of the village.

The remains of **Cromlech Coeten Arthur ⑤**, the Neolithic quarry of Cefn Amlwch (SH229 345) lie by Gromlech Woods on the Sarn Mellteyrn road (unmarked but signposted – turn left, about a mile from Tudweiliog in the direction of Aberdaron). It is one of several ancient stones in Wales which are linked with the strength-based feats of King Arthur.



Walk directions

After parking near Porth Ysgaden, you will reach the Coastal Path leading eastwards. The walk follows the rough and wild coastal path above significant ports of the olden days: Porth Ysgaden, Porth Lydan, Porth Ysglaig and Porth Tywyn. Cross the road near the caravan park and head left until you come to a path which goes past the eastern gable of the farm. Carry on towards Tudweiliog through agricultural fields. Turn right when you reach the B4417 in Tudweiliog and follow a path to the right again behind the village, through the fields to the coastal road by Porth Ysgaden farm. Turn left, then right at the junction and follow the lane back to Porth Ysgaden harbour.

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